

Health and Safety

Assisting students in staying safe and healthy while abroad is a top priority of the Study Abroad office. We work proactively to provide students with access to information about safety in each program location. The Office has emergency policies and procedures that we continuously review and update. The Study Abroad office monitors the world situation daily through available channels, such as the [U.S. State Department](#) and the [Overseas Security Advisory Council](#), and conveys any necessary information to our students when the situation requires.



Insurance Gonzaga University requires students to have insurance while abroad. Students participating in Gonzaga-in-Florence and Faculty-Led programs subscribe to the university insurance and have the cost built into the overall program cost. Students participating in an Exchange Program have to buy the insurance as it is not built into the program cost. Students participating in Sponsored Programs are required to purchase insurance through Gonzaga if it is not provided by the Program Provider.



Health Care If you have any ongoing medical conditions, such as allergies or diabetes, you must take special precautions in preparing for and managing your health while abroad. It is important to consider how the stresses of a new environment may impact your health. If you will need continuous care while abroad, please provide medical records to the proper sources before you leave. Keep in mind nutritional requirements such as vegetarian dietary needs can be difficult to handle abroad.



Prescriptions Taking prescription medication abroad can be tricky. Certain countries have restrictions on which medications individuals can bring in, and depending upon the length of your study abroad experience, bringing enough medication to cover your time in the country may not be allowed. Prescription medications may not be sent through international mail. Please contact Kathryn Shearer, [DREAM](#) at 509-313-4134 to get more information about traveling abroad with your medications.



Disabilities Gonzaga University is committed to providing qualified students with a disability an equal opportunity to study abroad in a setting appropriate to students' needs, in compliance with the Americans with Disabilities Act, Section 504 of the Rehabilitation Act of 1973 and Washington State Laws. Consistent with themes of justice, respect and dignity in its mission, the University strives to provide an inclusive community for students with disabilities. Foreign universities are not held to the standards of the Americans with Disabilities Act, so students should check with the [DREAM](#) Office if they have questions regarding access to technology, testing and other needs.



Emergency Contacts In an emergency, please contact Gonzaga's Campus Public Safety and Security Department which maintains a 24-hour emergency hotline. Call the hotline at **509.313.2222** and the Study Abroad Office will get back to you immediately.

Additional Resources

[Disability Resources, Education & Management-DREAM](#)
[Centers for Disease Control and Prevention](#)
[Mobility International](#)
[U.S. Department of State's Students Abroad](#)
[World Health Organization](#)
